Skate Canada Dance Assessment

STAR 3a Dance – Baby Blues

Date: _____ Club: _____ Candidate: _____

SC #: _____ Coach Assessor: _____

Evaluation Result: **Pass with Honours** ☐ **Pass** ☐ **Retry** ☐

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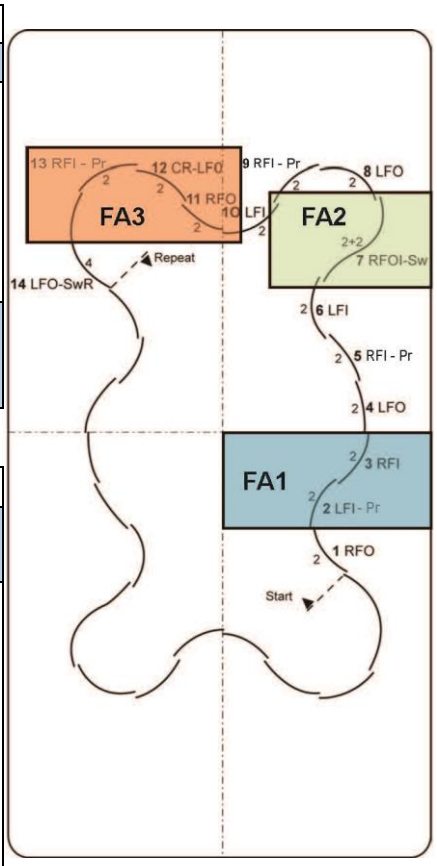
Date: _____ Candidate: _____ Coach Assessor: _____

Focus Area Assessment			
ELEMENT	**SUCCESSFUL**	**UNSUCCESSFUL**	**COMMENTS**
Focus Area #1 Steps: 1, 2 & 3			
Focus Area #2 Steps: 7			
Focus Area #3 Steps: 11, 12 & 13			
Mandatory Focus Area Assessment: *Minimum 2 Focus Areas rated Successful?	☐ Yes ☐ No **(must be Yes in order to receive a Pass or Pass with Honours)**		



***Timing must be Silver or higher in order to pass**

Full Pattern Assessment					
CRITERIA	**RATING**			**OVERALL**	**COMMENTS**
	GOLD	**SILVER**	**BRONZE**		
Timing*					
Carriage					
Technique					

Mandatory Focus Area Assessment:	☐ **Yes** ☐ **No**

Result:	**Total Overall Assessment**	**Gold**	**Silver**	**Bronze**
☐ **Pass with Honours** (2 of 3 full pattern criteria Gold – including asterisk criteria) ☐ **Pass** (2 of 3 full pattern criteria Silver or better – including asterisk criteria) ☐ **Retry**				

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Standards of Assessment

ELEMENTS	CRITERIA		SUCCESSFUL	UNSUCCESSFUL
Focus Areas 1, 2 & 3	**Accuracy**		100% accuracy of steps	Less than 100% accuracy of steps
	CRITERIA	**GOLD (Good for level)**	**SILVER (Reasonable for level)**	**BRONZE (Poor for level)**
Full Pattern	**Timing:*** Ability to match the musical timing	100% correct timing of steps	75% correct timing of steps	Less than 75% of exercise off time
	Carriage: Style, body lines & posture	• Body carriage – strong throughout • Free leg extension – strong throughout	• Body carriage • Free leg extension	• Body carriage – weak throughout • Free leg extension – weak throughout
	Technique: Proper mechanics demonstrated	• Steps (100% correct) • Blade pushes (More than 75 %) • Knee action evident throughout	• Steps (75% correct) • Blade pushes (more than 75%) • Some knee action evident throughout	• Steps (50% correct) • Blade pushes (less than 75%) • Little or no knee action throughout

Additional Comments:

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