



Skate Canada Dance Assessment

STAR 3a Dance – Baby Blues

Date: ___ / ___ / ___

Club: _____

Candidate: _____

SC #: _____

Coach Assessor: _____

Evaluation Result: **Pass with Honours** **Pass** **Retry**

STAR 3a Dance – Baby Blues

Date: ___ / ___ / ___

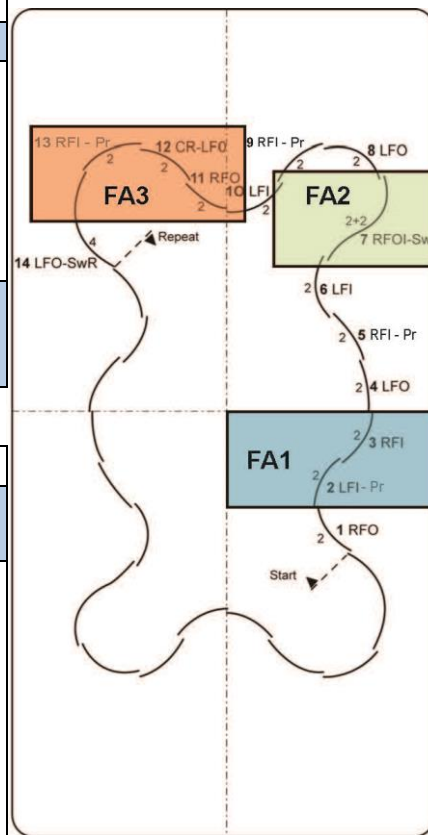
Candidate: _____

Coach Assessor: _____

Focus Area Assessment			
ELEMENT	SUCCESSFUL	UNSUCCESSFUL	COMMENTS
Focus Area #1 Steps: 1, 2 & 3			
Focus Area #2 Steps: 7			
Focus Area #3 Steps: 11, 12 & 13			
Mandatory Focus Area Assessment: *Minimum 2 Focus Areas rated Successful?		<input type="checkbox"/> Yes <input type="checkbox"/> No (must be Yes in order to receive a Pass or Pass with Honours)	

*Timing must be Silver or higher in order to pass

Full Pattern Assessment					
CRITERIA	RATING			OVERALL	COMMENTS
	GOLD	SILVER	BRONZE		
Timing*					
Carriage					
Technique					



Mandatory Focus Area Assessment: Yes No

Result: <input type="checkbox"/> Pass with Honours (2 of 3 full pattern criteria Gold – including asterisk criteria) <input type="checkbox"/> Pass (2 of 3 full pattern criteria Silver or better – including asterisk criteria) <input type="checkbox"/> Retry	Total Overall Assessment	Gold	Silver	Bronze



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Standards of Assessment

ELEMENTS	CRITERIA		SUCCESSFUL	UNSUCCESSFUL
Focus Areas 1, 2 & 3	Accuracy		100% accuracy of steps	Less than 100% accuracy of steps
	CRITERIA	GOLD (Good for level)	SILVER (Reasonable for level)	BRONZE (Poor for level)
Full Pattern	Timing:* Ability to match the musical timing	100% correct timing of steps	75% correct timing of steps	Less than 75% of exercise off time
	Carriage: Style, body lines & posture	<ul style="list-style-type: none"> • Body carriage – strong throughout • Free leg extension – strong throughout 	<ul style="list-style-type: none"> • Body carriage • Free leg extension 	<ul style="list-style-type: none"> • Body carriage – weak throughout • Free leg extension – weak throughout
	Technique: Proper mechanics demonstrated	<ul style="list-style-type: none"> • Steps (100% correct) • Blade pushes (More than 75%) • Knee action evident throughout 	<ul style="list-style-type: none"> • Steps (75% correct) • Blade pushes (more than 75%) • Some knee action evident throughout 	<ul style="list-style-type: none"> • Steps (50% correct) • Blade pushes (less than 75%) • Little or no knee action throughout

Additional Comments:
