



## 2018-2019 Ice Dance Program Requirements Quick Reference Guide

Effective July 1, 2018

March 2, 2018

	Pattern Dance Summer	Pattern Dance Fall/Sectionals	Pattern Dance Challenge	Pattern Dance Canadians	Free Dance
<i>All pattern dances are to be skated in the order listed and must be performed with the first sequence executed on the same side as the judges' stand</i>					<i>In Free Dance, combined spins &amp; lifts are permitted, but if performed will be counted as separate elements</i>
<b>Pre-Juvenile</b> *	<u>1. Fiesta Tango</u> 4 Sequences 8 Sections  <u>2. Willow Waltz</u> 3 Sequences 6 Sections	<u>1. Fiesta Tango</u> 4 Sequences 8 Sections  <u>2. Willow Waltz</u> 3 Sequences 6 Sections	n/a	n/a	<u>Max 2 :00 ± 0.10</u> <ul style="list-style-type: none"> <li><u>A maximum of one short lift (stationary, curve or straight line). Max. 7 sec. Will be called to a Maximum Level 2</u></li> <li><u>A maximum of one dance spin (simple spin or combination type). Will be called to a Maximum Level 2</u></li> <li><u>A maximum of one set of synchronized twizzles. Will be called to a Maximum Level 2</u></li> <li><u>A maximum of one step sequence, Style A as outlined in ISU Communication 2076** (any shape, no required holds, may not be a 'not touching' step sequence). Stops, pattern retrogressions and loops are not permitted. Other required elements may not be skated in the required step sequence. Will be called to a Maximum Level 1</u></li> </ul>
<b>Juvenile</b> U16	<u>1. Ten Fox</u> 3 Sequences 3 Sections  <u>2. European</u> 2 Sequences 2 Sections	<u>1. Ten Fox</u> 3 Sequences 3 Sections  <u>2. European</u> 2 Sequences 2 Sections	n/a	n/a	Max 2 :00 ± 0.10 <ul style="list-style-type: none"> <li>A maximum of one short lift (stationary, curve or straight line). Max. 7 sec.</li> <li>A maximum of one dance spin (simple spin or combination type). Will be called to a maximum Level 2</li> <li>A maximum of one set of synchronized twizzles</li> <li>A maximum of one step sequence, Style A as outlined in ISU Communication 2076** (any shape, no required holds, may not be a 'not touching' step sequence). Stops, pattern retrogressions and loops are not permitted. Other required elements may not be skated in the required step sequence.</li> </ul>
<b>Pre-Novice</b> U18	<u>1. Harris Tango</u> 2 Sequences 2 Sections  <u>2. Blues</u> 3 Sequences 3 Sections:	<u>1. Starlight Waltz</u> 2 Sequences 4 Sections  <u>2. Blues</u> 3 Sequences 3 Sections	<u>1. Starlight Waltz</u> 2 Sequences 4 Sections  <u>2. Blues</u> 3 Sequences 3 Sections	n/a	Max 2:30 ± 0.10 <ul style="list-style-type: none"> <li>A maximum of two different short lifts (stationary, curve, straight line or rotational). Max. 7 sec.</li> <li>A maximum of one dance spin (simple spin type or combination type)</li> <li>A maximum of one set of synchronized twizzles</li> <li>A maximum of one step sequence, Style A as outlined in ISU Communication 2076** (any shape, no required holds, may not be a 'not touching' step sequence). Stops, pattern retrogressions and loops are not permitted. Other required elements may not be skated in the required step sequence.</li> </ul>

*\*Note: Based on input from Skate Canada coaches, the Pre-Juvenile Dance event is now included in the 2018-19 Skate Canada Program Requirements. Multiple sections are now offering a Pre-Juvenile Free Dance event and to be consistent with Singles/Pairs it was decided to standardize both the Pre-Juvenile Pattern Dances and the content of the Pre-Juvenile Free Dance.*

*\*\*Note: Reference to ISU Communication to be updated pending release of ISU documents for the 2018-19 season*



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<i>All pattern dances are to be skated in the order listed and must be performed with the first sequence executed on the same side as the judges' stand</i>					<i>In Free Dance, combined spins &amp; lifts are permitted, but if performed will be counted as separate elements</i>
<b>Novice</b>  Women U19  Men U21	<u>1. TBD***</u>  <u>2. Argentine Tango</u> 2 Sequences 4 Sections Steps 1-18 & 19-31  <i>Note: Key Points to be called to a Maximum Level 3</i>	<u>1. TBD***</u>  <u>2. Argentine Tango</u> 2 Sequences 4 Sections Steps 1-18 & 19-31  <i>Note: Key Points to be called to a Maximum Level 3</i>	<u>1. TBD***</u>  <u>2. Argentine Tango</u> 2 Sequences 4 Sections Steps 1-18 & 19-31  <i>Note: Key Points to be called to a Maximum Level 3</i>	<u>1. TBD***</u>  <u>2. Argentine Tango</u> 2 Sequences 4 Sections Steps 1-18 & 19-31  <i>Note: Key Points to be called to a Maximum Level 3</i>	Max 3:00 ± 0.10 <ul style="list-style-type: none"> <li>• A maximum of two different short lifts (not to exceed 7 seconds) OR a maximum of one combination lift (not to exceed 12 seconds). The two types of short lifts forming the combination lift must be of a different type:               <ul style="list-style-type: none"> <li>○ <i>two Rotational Lifts</i>: in different directions</li> <li>○ <i>two Curve Lifts on two different curves</i>: forming a serpentine pattern</li> <li>○ <i>two different types of Short Lifts</i></li> </ul> </li> <li>• A maximum of one dance spin (simple spin type or combination type)</li> <li>• A maximum of one set of synchronized twizzles</li> <li>• A maximum of two different step sequences: One Style A step sequence performed in hold; one Style B* not touching step sequence (*no pattern retrogression permitted). The step sequences can be performed in any order. One must be straight (midline, diagonal) and the other must be curved (circular, serpentine); however, serpentine is not permissible as a not touching step sequence. Characteristics of Levels Styles A and B can be found in ISU Communication 2076**.</li> <li>• A maximum of one choreographic element: choice of choreographic lift or choreographic twizzling movement performed after the required element of the same type; or a choreographic spinning movement performed anywhere in the program.</li> </ul>

\*\*Note: Reference to ISU Communication to be updated pending release of ISU documents for the 2018-19 season

\*\*\*Novice Pattern Dance 1 to be updated pending release of ISU information regarding the Junior Short Dance for the 2018-19 season