



2018-2019 Ice Dance Program Requirements Quick Reference Guide

Effective July 1, 2018

April 6, 2018

	Pattern Dance Summer	Pattern Dance Fall/Sectionals	Pattern Dance Challenge	Pattern Dance Canadians	Free Dance
<i>All pattern dances are to be skated in the order listed and must be performed with the first sequence executed on the same side as the judges' stand</i>					<i>In Free Dance, combined spins & lifts are permitted, but if performed will be counted as separate elements</i>
Pre-Juvenile *	<u>1. Fiesta Tango</u> 4 Sequences 8 Sections <u>2. Willow Waltz</u> 3 Sequences 6 Sections	<u>1. Fiesta Tango</u> 4 Sequences 8 Sections <u>2. Willow Waltz</u> 3 Sequences 6 Sections	<i>n/a</i>	<i>n/a</i>	Max 2 :00 ± 0.10 <ul style="list-style-type: none"> • A maximum of one short lift (stationary, curve or straight line). Max. 7 sec. Will be called to a Maximum Level 2 • A maximum of one dance spin (simple spin or combination type). Will be called to a Maximum Level 2 • A maximum of one set of synchronized twizzles. Will be called to a Maximum Level 2 • A maximum of one step sequence, Style A as outlined in ISU Communication 2076** (any shape, no required holds, may not be a 'not touching' step sequence). Stops, pattern retrogressions and loops are not permitted. Other required elements may not be skated in the required step sequence. Will be called to a Maximum Level 1
Juvenile U16	<u>1. Ten Fox</u> 3 Sequences 3 Sections <u>2. European</u> 2 Sequences 2 Sections	<u>1. Ten Fox</u> 3 Sequences 3 Sections <u>2. European</u> 2 Sequences 2 Sections	<i>n/a</i>	<i>n/a</i>	Max 2 :00 ± 0.10 <ul style="list-style-type: none"> • A maximum of one short lift (stationary, curve or straight line). Max. 7 sec. • A maximum of one dance spin (simple spin or combination type). Will be called to a maximum Level 2 • A maximum of one set of synchronized twizzles • A maximum of one step sequence, Style A as outlined in ISU Communication 2076** (any shape, no required holds, may not be a 'not touching' step sequence). Stops, pattern retrogressions and loops are not permitted. Other required elements may not be skated in the required step sequence.
Pre-Novice U18	<u>1. Harris Tango</u> 2 Sequences 2 Sections <u>2. Blues</u> 3 Sequences 3 Sections:	<u>1. Starlight Waltz</u> 2 Sequences 4 Sections <u>2. Blues</u> 3 Sequences 3 Sections	<u>1. Starlight Waltz</u> 2 Sequences 4 Sections <u>2. Blues</u> 3 Sequences 3 Sections	<i>n/a</i>	Max 2:30 ± 0.10 <ul style="list-style-type: none"> • A maximum of two different short lifts (stationary, curve, straight line or rotational). Max. 7 sec. • A maximum of one dance spin (simple spin type or combination type) • A maximum of one set of synchronized twizzles • A maximum of one step sequence, Style A as outlined in ISU Communication 2076** (any shape, no required holds, may not be a 'not touching' step sequence). Stops, pattern retrogressions and loops are not permitted. Other required elements may not be skated in the required step sequence.

*Note: Based on input from Skate Canada coaches, the Pre-Juvenile Dance event is now included in the 2018-19 Skate Canada Program Requirements. Multiple sections are now offering a Pre-Juvenile Free Dance event and to be consistent with Singles/Pairs it was decided to standardize both the Pre-Juvenile Pattern Dances and the content of the Pre-Juvenile Free Dance.

**Note: Reference to ISU Communication to be updated pending release of ISU documents for the 2018-19 season



2018-2019 Ice Dance Program Requirements Quick Reference Guide

Effective July 1, 2018

April 6, 2018

	Pattern Dance Summer	Pattern Dance Fall/Sectionals	Pattern Dance Challenge	Pattern Dance Canadians	Free Dance
<i>All pattern dances are to be skated in the order listed and must be performed with the first sequence executed on the same side as the judges' stand</i>					<i>In Free Dance, combined spins & lifts are permitted, but if performed will be counted as separate elements</i>
Novice Women U19 Men U21	<u>1. Starlight Waltz</u> <u>2 Sequences</u> <u>4 Sections</u> <u>Steps 1-17 & 18-32</u> <u>2. Argentine Tango</u> 2 Sequences 4 Sections Steps 1-18 & 19-31 <i>Note: Key Points to be called to a Maximum Level 3</i>	<u>1. Starlight Waltz</u> <u>2 Sequences</u> <u>4 Sections</u> <u>Steps 1-17 & 18-32</u> <u>2. Argentine Tango</u> 2 Sequences 4 Sections Steps 1-18 & 19-31 <i>Note: Key Points to be called to a Maximum Level 3</i>	<u>1. Starlight Waltz</u> <u>2 Sequences</u> <u>4 Sections</u> <u>Steps 1-17 & 18-32</u> <u>2. Argentine Tango</u> 2 Sequences 4 Sections Steps 1-18 & 19-31 <i>Note: Key Points to be called to a Maximum Level 3</i>	<u>1. Starlight Waltz</u> <u>2 Sequences</u> <u>4 Sections</u> <u>Steps 1-17 & 18-32</u> <u>2. Argentine Tango</u> 2 Sequences 4 Sections Steps 1-18 & 19-31 <i>Note: Key Points to be called to a Maximum Level 3</i>	Max 3:00 ± 0.10 <ul style="list-style-type: none"> • A maximum of two different short lifts (not to exceed 7 seconds) OR a maximum of one combination lift (not to exceed 12 seconds). The two types of short lifts forming the combination lift must be of a different type: <ul style="list-style-type: none"> ○ <i>two Rotational Lifts</i>: in different directions ○ <i>two Curve Lifts on two different curves</i>: forming a serpentine pattern ○ <i>two different types of Short Lifts</i> • A maximum of one dance spin (simple spin type or combination type) • A maximum of one set of synchronized twizzles • A maximum of two different step sequences: One Style A step sequence performed in hold; one Style B* not touching step sequence (*no pattern retrogression permitted). The step sequences can be performed in any order. One must be straight (midline, diagonal) and the other must be curved (circular, serpentine); however, serpentine is not permissible as a not touching step sequence. Characteristics of Levels Styles A and B can be found in ISU Communication 2076**. • A maximum of one choreographic element: choice of choreographic lift or choreographic twizzling movement performed after the required element of the same type; or a choreographic spinning movement performed anywhere in the program.

**Note: Reference to ISU Communication to be updated pending release of ISU documents for the 2018-19 season

***Novice Pattern Dance 1 to be updated pending release of ISU information regarding the Junior Short Dance for the 2018-19 season